



Register Online Before You Need Care

24/7 physician access is provided to you by Teladoc.

You will need to **register** with Teladoc, and enter your medical history before you use the service.

Registering similar to filling out the clipboard of information at the doctors office.

This will help verify that you are in the system.

Please note: Immediate registration is not required; however, it is strongly encouraged.

Registering will help your first consult go smoothly.

Registering early will also save you time when you are in need of a consult!

No one wants to be answering basic health information when they are sick.

If you have not received a Membership Kit it should arrive at your home address shortly!

Receipt of the kit is not required to register.

Instructions:

1. Go to Teladoc.com and select "Set up account"
2. Enter your First Name, Last Name, and Date of Birth, along with an email and primary phone number.
Please note: due to HIPAA Privacy Law, name and date of birth must be exactly what Teladoc has on file from registration. For instance: if you are Tim and your information is not located, you may want to try Timothy, if that is your proper name.
 - Select "No, I do not know my username"
 - Keep "My employer or insurance provider offers me access to Teladoc" selected
 - Type your employer into "Who is your employer or insurance provider" and continue
3. On the next screen, enter your contact information and create a unique user name and password, along with selecting a security question.
4. You're in! You will need to take a few minutes to fill out your Medical History. Remember, this information needs to be entered prior to seeking treatment. **You do not need to enter payment information – this service is free!**
5. To add dependents select the "My Family" tab and enter the appropriate information.
Anyone over the age of 18 will need to register under their own account after you have added them. Due to HIPAA privacy laws, Teladoc will not release information or passwords for patients over the age of 18 without prior consent. If they are unable to create their own account right away, please allow a business day for the information to process and try again, or call (800) Teladoc if a consult is needed.
6. To request a consult for treatment after you have registered, please do so online from the portal or by calling (800) Teladoc.

When registering you will want the following information:

Medications, PCP info, Health Conditions, Height/Weight Allergies, Family History